



## DIARY OF A NOVICE SEWIST: Patchwork Blouse

### Description



Blouse made with FS Linen scraps





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To be completely honest – most of the time I buy fabric without knowing what to make with it. Highly excited, a bit overwhelmed yet with no plan in sight. This leads to either:

– too little fabric

-too much fabric

Let's not talk about too little – this always hurts my heart. But too much fabric also comes with its personal 'I could still use that (itsy bitsy) piece for I-don't-know-what' – problem. The result – bags full of scraps.

So... as my workspace is rather 'limited' at present, I had to come up with ideas of how to immediately use up the excess fabric. I made lavender bags, Christmas hangings, stuffed animals, stuffing for stuffed animals and – drum roll – Patchwork!

At the beginning of the new year, I found myself looking for a new flat for my son and I. The changes of the past few weeks left me feeling restless and stressed. It took some time to find my way back to the sewing machine, and when I finally did, I started sewing stars. Slowly. One after the other. Without a plan of what I wanted to end up with. I just sewed (and ironed – a lot). It was a Saturday, Emil was at his dad's and I had nothing else to do but look after myself (very important!). So I found myself sitting in my old living room between moving boxes with a floor covered in fabric scraps, a face mask on (the cosmetic one), watching trashy TV-Shows and sewing – all day long. Very meditative by the way.

I sewed the stars and ended up with a big blanket. Mhhhhh, yeah, really didn't want a blanket. Instead, I stood in front of the mirror, wrapped the blanket around me in every way possible – gave myself some bangs (but that's another (tragic) story), and then knew I wanted to make a blouse. The hardest, but at the same time best part, about this little journey was to let it go and let it flow. To try out new stuff and feel all the feelings



throughout. It even felt like breaking the rules while cutting into my patchwork stars (and my hair) – and I would do it all over again. Even cleaning the mess afterwards felt nice and liberating.

When it came to taking the photos of my blouse, I knew I needed something different to the last times. I needed sun. And a little bit of normality in this crazy time. So I bought some warm croissants and invited myself to a small breakfast at my friend Sophie's place. Sophie and her boyfriend Max aren't only some of the greatest photographers, they are also the most warm-hearted people I know. And their home feels like a safe place – and that was exactly what I needed...Friends that feel like home and a blouse that feels like a blanket.



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Bussi,

Sophie

PS: All photos are taken analogue by my dear Sophie Nawratil.

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